



Howdy Pilgrim



TEXAS SOCIETY OF MAYFLOWER DESCENDANTS

TEXAS MAYFLOWER SOCIETY

2021-2023 Elected Officers

Governor - Prarie Counce

Deputy Governor - Kimberly Florsheim

Corresponding Secretary - Nancy Powers

Recording Secretary - Nancy Branstiter

Treasurer - Linda Hill

Co-Historian - Kimberley Callaway

Co-Historian - Laurie Behn

Assistant Historian - Judy Ditmore

Elder - Glen Alden

Captain - Jim Battles

Surgeon - John Wilcox

Counselor - Pam Nieto

APPOINTED OFFICERS

Parliamentarian - Laurie Behn

Digital Records Archivist -Sheryl Schilling

Webmaster - Elizabeth Counce Danford

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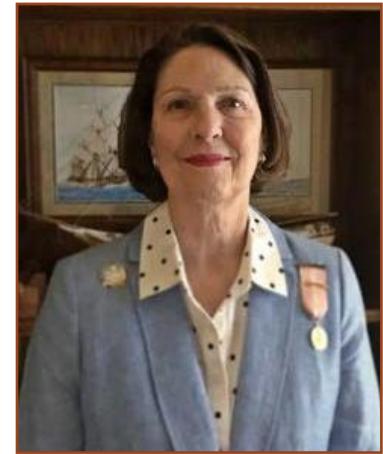
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Message from the Governor

Dear Texas Mayflower Society Members,

This fall marks the 400th anniversary of our Pilgrim ancestors' first harvest celebration, known nationally since 1863 as Thanksgiving. In 1621, our Pilgrim ancestors and their Native neighbors feasted and celebrated for three days a successful first harvest. We, of all people, have reason to be thankful at Thanksgiving. It is our Pilgrim ancestors who had the courage to defy both Church and State in England to worship in their own way; to leave their homes in England; to endure in a foreign land; and to head into the unknown in hopes of making a better life. We're the beneficiaries of all those their sacrifices. Let's be sure to remember these remarkable ancestors this Thanksgiving.



Governor Prarie Counce



It is our Pilgrim ancestors who had the courage to defy both Church and State in England to worship in their own way; to leave their homes in England; to endure in a foreign land; and to head into the unknown in hopes of making a better life.



In July, the Board of Assistants were contacted and voted to approve three recommendations from the 400th Commemoration Committee:

- A webinar for our Juniors given by Karen Rinaldo, the acclaimed artist who painted "The First Thanksgiving, 1621," and Kevin Doyle, a writer and lecturer on historic places and events. The suggested donation to provide this webinar was \$400 and has been approved by the Committee and the Board.
- A one-time scholarship awarded to a Wampanoag student in commemoration of the shared harvest feast/first Thanksgiving of 1621. The 400th Commemoration Committee Chair, Bart Henson, was in contact with representatives of the Mashpee Wampanoag tribe and they are were receptive of the outreach by our Society.

Message from the Governor - continued

The scholarship would be handled in a similar way to our Texas scholarships, by sending the money directly to the schools. Our Scholarship Chair, Cathy Bambenek, Bart Henson and a representative of the Mashpee Wampanoag tribe selected the student. The amount approved for the scholarship by the 400th Commemorative Committee and the BOA is \$3,000.

- A restricted gift for repairing and conserving woodwork in the Mayflower House in Plymouth, MA. The 18th century house serves as the Headquarters of the General Society of Mayflower Descendants. The 400th Commemoration Committee has approved \$3,000 for this project and has suggested that any undesignated money for use in the Commemorative fund at yearend 2020, also be used on this project.

For the past couple of years, the 400th Commemorative Committee has worked considered many proposed projects and presented their approved projects to the Board. Projects that were funded include: the Tyler parade, Mayflower Ship Bell, *Mayflower Ship II*, Houston Colony tree planting/Washington-on-the-Brazos, Central Texas Colony MiniKits, Junior 2020 essay prizes, activities for the 2022 State Annual Meeting in San Antonio, Dallas/Fort Worth tree planting, and the three projects described above approved in July. "Thank you" to members serving on the committee over a two-year period: Bart Henson, Dwight Benson, Judie Allen, Kimberly Florsheim, and Prarie Counce.

The General Board of Assistants (GBOA) meeting was held in Plymouth, MA in September. Texas members attending were Judie Allen, Cathy Bambenek, Charles Conger, Prarie Counce, Elizabeth Danford, Lauren Haley, Bart Henson, Margaret Ivancevich, Lori King, Linda Pennington, Lisa Pennington, Patricia Williams, and Lynne Zalesak. A very hearty thank you to Lisa and David for hosting our group for dinner in their lovely and historic Plymouth home. Their home on that evening was also the site of the Wampanoag scholarship presentation.

One of the most important actions coming out of the GBOA meeting in Plymouth was the election of Bart Henson as GSMD Treasurer General. Bart has extensive experience in finance including serving as Texas Society Treasurer, and Bart is currently Chairperson of our Financial Review Committee. Congratulations, Bart!

Thank you for your patience as we transition to new Co-Historians. Our Historians are all volunteers who have families, jobs, and other responsibilities. We are very grateful for the hours of work they contribute to our Society!

With the holidays approaching you might be starting to think about presents for your loved ones. Please consider the meaningful gift of a Texas Mayflower Society membership for a child, grandchild, or another special relative. Our Historians will help you get started and you may contact them right now by clicking the following link: historian@texasmayflower.com.

If you are thinking about gifting a Life Membership, our Corresponding Secretary can help you. Contact Nancy Powers at: newsn@aol.com.

Happy Thanksgiving and joyous holidays to you all,
Prairie Counce
TXSOMD Governor



First Feast of Thanksgiving

400 Years Ago in Plymouth Colony

Continued from the Summer 2021 Newsletter

By Governor Prarie Counce

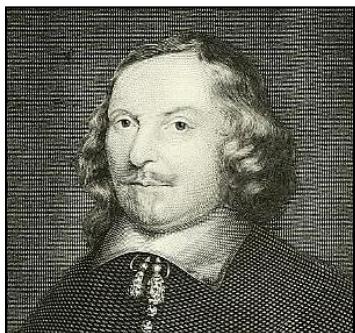
By early fall in 1621, our Pilgrim ancestors had established a general peace and peaceful relations with natives in the region. In a letter to a friend, Edward Winslow describes the 1621 spring plantings in Plymouth Colony, where he details the crops planted with the help of the Wampanoags; the first harvest feast in early fall; the friendly relationship between the English and the Wampanoag and the foods of the first feast. Without these important words, our Thanksgiving celebrations might have been much different.



December 11, 1621

**"To a friend in these parts [England],
setting forth a briefe and true Declaration
of the worth of that Plantation ..."**

"...that in this little time that a few of us have been here, we have built seven dwelling-houses, and four for the use of the plantation, and have made preparation for divers others. We set the last spring some twenty acres of Indian corn and sowed some six acres of barley and pease (peas), and according to the manner of the Indians, we manured our ground with herrings, or rather, shads, which we have in great abundance, and take with great ease at our doors. Our corn did prove well, and, God be praised, we had a good increase of Indian corn, and our barley indifferent good, but our pease (peas) not worth the gathering, for we feared they were too late sown."



Edward Winslow

"In the early fall of 1621, our Pilgrim ancestors harvested their first crops that would sustain the colony until the next harvest." Pilgrim Edward Winslow described an event where they, "in a special manner rejoiced together," commonly known today as the first

Thanksgiving. One of the most memorable aspects of the special event seemed to be "many of the Indians coming amongst us, and among the rest their greatest king Massasoit, with some ninety men, whom for those three days we entertained and feasted, and they went



The First Thanksgiving - 1621
Karen Rinaldo

out and killed five deer, which they brought to the plantation and bestowed upon our governor, and upon the captain, and others."

Winslow wrote, "We have found the Indians very faithful in their covenant of peace with us, very loving and ready to pleasure us. We often go to them, and they come to us; some of us have been fifty miles by land in the country with them, the occasions and relations whereof you shall understand by our general and more full declaration of such things as are worth the noting."

Winslow goes on to say, "So that there is now a great peace amongst the Indians themselves, which was not formerly, neither would have been but for us; and we for our parts walk as peaceably and safely in the wood as in the highways in England. We entertain them familiarly in our houses, and they as friendly bestowing their venison on us." Winslow continues, "I never in my life remember a more seasonable year than we have here enjoyed and if we have once but kine, horses, and sheep, I make no question but men might live as contented here as in any part of the world."

400 Years Ago - continued

"For fish and fowl, we have great abundance; fresh cod in the summer is but coarse meat with us; our bay is full of lobsters all the summer and affordeth a variety of other fish; in September we can take a hogshead of eels in a night, with small labor, and can dig them out of their beds all the winter. We have mussels and othus (maybe a misprint for others) at our doors. Oysters we have none near, but we can have them brought by the Indians when we will; all the springtime the earth sendeth forth naturally very good sallet herbs (salad greens). Here are grapes, white and red, and very sweet and strong also. Strawberries, gooseberries, reapas (raspberries), etc. Plums of three sorts, with black and red. being almost as

good as a damson; abundance of roses, white, red, and damask; single, but very sweet indeed."

The message we gather from these writings is that by fall of 1621, our Pilgrim ancestors had reason to rejoice. Life had improved greatly for them since that horrible winter of death and famine.

Let us rejoice in remembrance of our Pilgrim ancestors this Thanksgiving season,
Prairie

To enjoy Edward Winslow's entire letter, please visit:
mayflowerhistory.com/letter-winslow-1621.

TRIVIA

The English colonists draped large cloths over their shoulders during meals to wipe their hands and faces? Since there were no forks, their utensils were spoons, knives and fingers! Suggest that your family eat like a Pilgrim at this 400th anniversary of the first feast.

Foods of the First Feast

Oysters, Cod, Striped Bass, lobster, and eel - The cold New England waters were abundant with creatures, ready for catching, and oysters were among them. You may want to add baked cod or bass to your menu, or venture into the past with smoked eel, but very few will turn down lobster.

Wild fowl - Wild turkeys may well have been on the Pilgrim's menu, but with the hunting skills of the Pilgrims and Wampanoag, they may have eaten goose, duck and pheasant.

Venison - Deer roamed in the New England woods and Edward Winslow described the five deer the natives contributed.

Onions and leeks - From stuffing to soups and casseroles it is easy to include this vegetable.

Corn - Today's corn is different from the Wampanoag variety that the Pilgrims named, Indian Corn, which is also referred to as flint corn or calico corn. Use it in soups, Bannock cake or traditional cornbread.

Pumpkin - Pumpkin (pompion, as our ancestors called it) was eaten at the first feast, not in a pie, but roasted or cooked for hours. Cut them into 1½ inch chunks, toss with rosemary, salt, and olive oil, roast in a 350-degree oven for about 30 minutes or until tender.

Watercress - Apparently, watercress was on the table at the first feast, and it may be one of the easiest side-dish ingredients you can use. Simply wash, dry and chop for a great salad base. Another tangy green is arugula.

Find colonial recipes for your feast on pages 12-13.



We are very grateful to Mark Schmidt, Karen Rinaldo and Kevin Doyle for providing the video of the October 24th presentation. Please enjoy the replay:
<https://youtu.be/BSsqlaurzTM>

THE FIRST THANKSGIVING,



A described in a letter from Edward Winslow to a friend in England
probably George Morton. The letter was sent back to England in the *Forlaine*
December 1621 and was published as an appendix to the *RELATION or*
JOURNAL of the BEGINNINGS of the ENGLISH PLANT-
TION at PLIMOTH in NEW ENGLAND. Pilgrim Hall owns a copy.
It was published in London in 1622.

Our harvest being gotten in, our governor sent four
men on fowling, so that we might, after a spécial manner
rejoice together after we had gathered the fruit of
our labors. They four in one day killed as much fowl, as with a
little help besides, served the company almost a week. At which
time, amongst other recreations, we exercised our arms, many
of the Indians coming amongst us, and among the rest their greatest
King, Massasoyt, with some ninety men, whom for thre^e days we
entertained and feasted; and they went out and killed five deer,
which they brought to the plantation, and bestowed upon our
governor, and the captain and others. And although it be not
always so plentiful as it was at this time with us, yet by
THE GOODNESS OF GOD WE ARE SO FAR FROM WANT, THAT
WE OFTEN WISH YOU PARTAKERS OF OUR PLENTY.

21 Suggestions for Thanksgiving 2021

Remembering the 400th Anniversary of the First Feast of Thanksgiving

1. Write a letter of gratitude for each family member and mail them to arrive before Thanksgiving.
2. Mail a Thanksgiving care package to someone who cannot travel for the holiday.
3. On Thanksgiving Day, write something to be grateful for in a notebook and continue entering something each day until next Thanksgiving.
4. Plant a tree or shrub and name it after a Pilgrim or Wampanoag.
5. Donate a money or packaged goods to a food bank for the less fortunate.
6. Invite friends or neighbors to watch a DVD video of the Pilgrim story for a better understanding of the Pilgrim story. Videos are available at Amazon.com.
American Experience: The Pilgrims - 120 minutes
Saints & Strangers - 192 minutes
Monumental: In Search of America's National Treasure - 85 minutes
A Charlie Brown Thanksgiving - 25 minutes
7. Decorate a candle to use on your tables. Visit this recommended website for instructions:
<https://fabulesslyfrugal.com/diy/candle-transfer-wax-paper/>
8. Write a multiple choice or fill in the blanks Pilgrim trivia game using facts from the first feast for your family to play at Thanksgiving.
9. Purchase a tablecloth and Sharpies for guests to write thoughts of gratitude, then use on future Thanksgiving tables. Protect the table with paper under the tablecloth.
10. Leave a basket of fall treats at the doorstep of a neighbor with a description of the first feast by Winslow.
11. Make at least one seventeenth century recipe to serve at your 2021 feast from pages 12 or 13, or from the web.
12. Arrange pumpkins in your yard to form 400 to generate neighborhood conversation about the first feast.
13. Visit the GSMD website, *Shop* link, for several Thanksgiving-themed items to give as gifts or keep for your family.
14. Serve foods from the Three Sisters method of gardening: corn, beans and pumpkin or squash. Make it easy and serve succotash with all three vegetables. See page 13 for recipes.
15. Play the children's game, tic tac toe. Did you know that the game came to America by the children of the Pilgrims? The game was called Naughts and Crosses and children used twigs for the letter X (crosses) and stones or leaves for the letter O (naughts).
16. Record a video or voice recording of family members sharing something about themselves.
17. Read Edward Winslow's letter describing the first feast. The reader is excused from dish duty..
18. Print Winslow's letter, roll into a scroll and tie with jute for each person's place at the table.
19. Ask family and guests to bring used blankets, scarves, mittens and hats for a homeless shelter.
20. Purchase a signed print of Karen Rinaldo's painting, *The First Thanksgiving-1621*. Prices range from \$20 - \$30.
Available at GSMD website/*Shop* link.
21. At your Thanksgiving feast, have each guest write something he or she is thankful for, fold it and place in a container. During the meal, each person selects a piece of paper, reads it, and guesses who wrote it.



Wampanoag Students Awarded Scholarships

Texas Mayflower Society Awards Two 400th Anniversary Commemorative Scholarships to Wampanoag Tribe Students

In September, The Texas Society made two scholarship awards to richly deserving Wampanoag high school graduates to help with their college education. We sent the following amounts to the winner's school accounts:

\$3,000 for Dasia Peters to Bridgewater State University
\$1,500 for Alyssa Harris to Suffolk University

Both winners demonstrated an excellent grade record at their high schools, had strong recommendations from adults who know them and excelled in 500-word essays on, "What does my tribal history from many years ago mean to me and what will I do to further that Heritage going forward?"

Why did we do this?

2021 is the 400th anniversary of the first Harvest Festival (now known as the first Thanksgiving) that took place in Patuxet/Plymouth in fall of 1621. It was attended by our 52 surviving Pilgrim ancestors and at least 90 of the local Wampanoag tribe members. We realize that without the instruction and help of the Wampanoag people after that terrible first winter, our ancestors may not have survived. We wanted to reach back and honor the early contributions of the Wampanoag people by commemorating in a special way the help and friendship given to our *Mayflower* ancestors by the Wampanoag people when it was needed the most. Helping current a Wampanoag youth to secure



First place recipient, Dasia Peters with father, Jermaine Peters



Second place recipient, Alyssa Harris, her mother, Judi Urquhart, Bart Henson and Prairie Counce, Texas Society Governor

good education beyond high school was a way we saw to support the Wampanoag tribe into the future. Helping current Wampanoag youth to secure a good education beyond high school was a way we saw to support the Wampanoag tribe into the future.

More about the scholarship winners

Dasia Peters, the first-place winner, is pursuing a Communications degree at Bridgewater State University. Dasia already has extensive work experience in communications for someone of her age. Dasia and her dad, Jermaine Peters, attended a special dinner and recognition ceremony to receive a certificate of scholarship at a home in Plymouth during the time of the September GBOA meeting. Dasia has expressed several times her thanks and just how much this scholarship award will help her.

Alyssa Harris, second-place winner, is currently a Sophomore at Suffolk University in Boston pursuing a bachelor's in fine arts. Alyssa is one of the youngest proficient Wampanoag linguists, having learned how to speak, read, and write her native

Wampanoag Students Awarded Scholarships - continued

language. She received a certificate of scholarship with the award amount sent to Suffolk University for her account. We were able to meet Alyssa and her mother, Judi Urquhart, in a very enjoyable visit.

How did this get done?



Bart Henson, who led the effort, worked closely with the Mashpee Wampanoag tribe Education Department helping to solicit candidates to make these scholarships happen. With the quality of the Wampanoag youth applicants, the tribe has a bright future.

Chair of the Scholarship Selection Committee, Bart Henson



Texas Society Governor Prairie Counce, whose concept was realized, presented the certificate of scholarship to Dasia.

Other Mayflower Societies who are interested in the approach can contact Bart Henson at: bartshenson@gmail.com for more information.

To read the article about the scholarships in the *Mashpee Wampanoag Tribe*, please visit:

<https://mashpeewampanoagtribe-nsn.gov/october-2021-mittark-blog/2021/10/1/dasia-peters-and-alyssa-harris-win-commemoration-scholarship>

NOVEMBER IS Native American History Month

Remembering the Choctaw Code Talkers



On the French battlefield in 1918, Choctaw soldiers were overheard speaking their Native language on the French battlefield, when an officer had a brilliant idea. The Choctaws during the Meuse-Argonne Offensive were from Oklahoma and trained to use words in their language as "code." Placed on the front lines and at command posts, the messages were transmitted but not understood by the enemy. The nineteen Choctaw men became famously known as the Choctaw Code Talkers and were instrumental in ending the war.

<https://youtu.be/2DRAxXK9-2s>

The Army began recruiting code talkers in 1940 for World War II. Within two years, a Marine class of twenty-nine Navajo code talker recruits secretly completed training in a guarded room. By the end of the war, there were more than four hundred Navajo serving in the Pacific Theater as code talkers.

Four of the twenty-nine Choctaw Code Talkers of World War I
Courtesy of Warfare History Network

2022 San Antonio State Meeting

Note to Self

Make reservation for state meeting
at the Menger Hotel in San Antonio

mengerhotel.com/contact-us
210-223-4361

Group rate is available now!



SAVE THE DATE 2022 State Meeting

March 31 - April 3
Tours planned include:
River Barge, Missions, Alamo,
and Briscoe Museum of
Western Art
More details to come...



TRIVIA DE SAN ANTONIO

Dr. James Robert Cade, a San Antonio born nephrologist, worked inventions and numerous projects such as pneumatic helmets, drinks and his beloved fifty-something Studebakers. In 1965, with only \$43 and a team of researchers, Dr. Cade developed a drink that contained salts and sugars that could replenish the liquids lost to sweating. If you guessed Gatorade, you win this link to more information:
<https://gatoradestory.weebly.com/the-inventor-dr-robert-cade.html>



Plan to join your Mayflower cousins in San Antonio next year for a long-overdue State Meeting and a Friday of fun. Activities will include a river barge tour, a visit to the San Antonio Missions and a tour of the Briscoe Museum of Western Art.

Mark your calendars to arrive in the Alamo City on Thursday, March 31, and depart on Sunday, April 3, 2022. Fiesta will be celebrated the same weekend, so make your reservations as soon as possible.

**Bienvenidos a San Antonio, y'all!
The San Antonio Colony**

Colony Compact Luncheons

Central Texas Colony - November 6

Central Texas Colony will hold its Compact Day Luncheon on November 6 from 11:30 am to 2:00 pm at the Hilton Garden Inn Arboretum in Austin. The traditionaturkey dinner with all trimmings will be complemented by an interesting talk by Texas Mayflower Governor, Prarie Counce on "A Reason to Rejoice in 1621." This exciting discussion will cover Governor Counce's extensive research on the first harvest feast in 1621.

Corpus Christi Colony - November 13

The Corpus Christi Colony of the Texas Society of Mayflower Descendants will host their annual Compact Day luncheon, Saturday, November 13, at 11:00. We will meet at the Corpus Christi Yacht Club in the Junior Fleet room. We look forward to seeing cousins and friends!

Dallas-Fort Worth Colony - November 20

It is time for our 2021 DFW Compact Day Luncheon! The date is Saturday November 20, 2021, from 11-2 pm, at the Texas Star Golf Course (1400 Texas Star Parkway, Euless, TX 76040). The cost is \$30 Adult/\$15 Child for our traditional feast of turkey, dressing, dessert and tea/coffee. There will be door prizes and raffles! Please bring canned foods for our food drive donations! This year we are so proud to have DFW Colony member, Robert Pope, as our keynote speaker. His program is "The Pope Legacy, from Reverend John Robinson to Hollywood!" Please include your DFW dues of \$10.00 with your reservation. If you are not attending the luncheon, please mail your 2021 DFW dues of \$10.00. Make checks payable to DFW Colony and mail to: Robert Pope, 424 W. Pleasantview Drive, Hurst, TX 76054-3504.

Houston Colony - November 21

The colony will meet at BraeBurn Country Club, 8101 Bissonnet Street at 12:00 noon, with check-in and the fellowship beginning at 11:30 a.m. Donated items for the silent auction may be brought to the luncheon; these items raise funds for Houston Colony scholarships. The Houston Colony Mayflower Juniors will be collecting packaged food items to donate. Lisa Pennington, GSMD Counselor General will present, "The Voyage That Made a Nation," events that led to the First Thanksgiving and its importance for the Pilgrims, the Pokanokets and American history.

San Antonio Colony - November 20

On Saturday, November 20, the San Antonio Colony will meet in the Solarium Room at Paesanos Lincoln Heights, 555 East Basse, by the Quarry at 11:30 a.m. The program, "My Grandmother's Flags," will be presented by Marilyn Loop. Guests and spouses are welcome.

Tyler Colony - November 13

Tyler colony will hold its Compact Day luncheon at the Towne Oaks clubhouse on November 13th at 11:30a.m. Guest speaker will be Texas Mayflower Governor Prarie Counce.

Waco Colony - November 6

Waco Colony Mayflower Descendants will meet on Saturday, November 6, 2021, at the West Waco Library and Genealogy Center located at 5301 Bosque Blvd. Waco. The meeting begins at 11:00 AM. We will be celebrating Mayflower Compact Day with a light luncheon. Our program will be presented by James Battles, who is a past State Governor of the Virginia Society of Mayflower Descendants and serves as Captain of the Texas Mayflower Guard. This will be an interesting program you don't want to miss. Our meeting is free to attend and open to anyone interested in joining the General Society of Mayflower Descendants and Waco Colony. Please RSVP to Waco Colony Governor, Judy Baker for a reservation or for more information contact Mrs. Baker at 254-495-6736.

West Texas Colony - November Virtual Meeting - The virtual meeting will be announced via email.

The Women of Plymouth

The Central Texas Colony Education Committee has been hard at work, sewing, writing scripts, rehearsing, filming, and editing YouTube videos. Their educational project, "The Women of Plymouth Colony," is part of their outreach for schools and public libraries in Central Texas. To enjoy these videos, search Central Texas Mayflower Society YouTube or click the link:

<https://www.youtube.com/channel/UC6n8tzKHU3OThcUDOZRv-Mw>



"THEY BROUGHT UP THEIR FAMILIES IN STURDY VIRTUE
AND A LIVING FAITH IN GOD, WITHOUT WHICH NATIONS PERISH."

Pilgrim Mothers Statue

Plymouth, Massachusetts

The women of the *Mayflower* courageously left their homeland to travel the vast Atlantic Ocean during the 1620 storm season. These resolute women survived illnesses of the first winter, accepted responsibilities of raising the orphaned children of fellow passengers, prepared homes, planted seeds, harvested crops, and worked along with the Wampanoag.

By the early fall of 1621, the illnesses had passed, but only four of the eighteen *Mayflower* women survived. While celebrating their bountiful harvest in 1621, ninety Wampanoag came to share their merriment. The four women and teen-aged girls, prepared food for the three-day feast of giving thanks (while taking care of the infants and children). The women of Plymouth Colony had suffered hardships and heartbreaks but left a legacy of faith and perseverance.

17th century recipes

Bannock Cake

Bannock is similar to johnny-cakes and corn pones. Honey was available later in Plymouth Colony, when bees were brought from Virginia around 1622. By 1639, colonies of honeybees were found throughout the woods in Massachusetts.

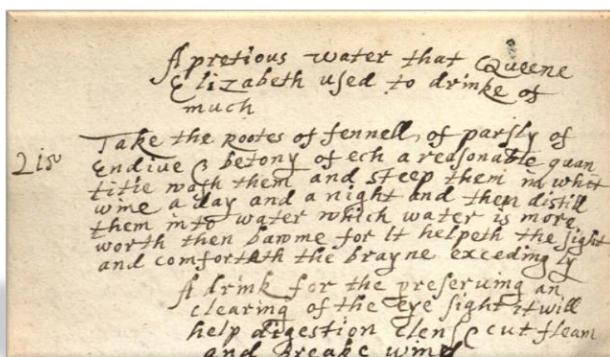
1½ cups cornmeal
 ½ cup water
 4 tablespoons oil, melted butter or bacon fat
 4 tablespoons honey, optional
 ¼ teaspoon salt
 oil for frying in cast iron skillet

Combine cornmeal, water oil (or other fat), syrup and salt. Drop batter by tablespoons full into hot oil. Flatten with spatula and fry until crisp on both sides, adding more fat as needed.

Cranberry Nasamp

This Wampanoag recipe, which makes a warm and soothing breakfast, dates back hundreds of years. This is a version from Darius Coombs and Eleanor Jackson of Plimoth Plantation (now Plimoth Patuxet).

Put two handfuls of cornmeal in a pot, cover with water and simmer until the porridge is thick and creamy. If you're using fresh or frozen berries (use as many as you want), put them in at the start. If you're using dried, add them at the end. Add maple syrup, nuts and seeds to taste.



Succotash

Corn, beans and squash were grown in Plymouth Colony with great success, thanks to the guidance of Tisquantum and the women of the Wampanoag tribe. The native women, the givers of life, were responsible for planting and harvesting.

Husk and boil desired number of ears of corn, or use frozen corn. Cook of any kind of beans. In 1621, cranberry beans (available at Wal Mart online) might have been used, but lima beans are used in modern cooking. Cut a small pumpkin or acorn squash into bite sized pieces. Toss with oil and roast until tender.

Cut the kernels from the cobs of corn and sauté in oil, butter, browned butter or bacon drippings for about five minutes. Add the cooked beans and cooked squash, simmering for an additional five minutes. Season to taste.

TRIVIA

One of the first foods the Native Americans shared with the Plymouth colonists was succotash, a combination of cranberry beans, corn kernels and squash. The Narragansett word for "beans" is manusquessedash. The word for "ear of corn" was translated from the word misickquatash and asquutasquash is "squash" in Narragansett.

A Key into the Language of America, Roger Williams - 1643

*17th century recipes - continued***Boiled Mussels with Parsley and Vinegar**

After months of eating a sea diet of dried peas, oats, and salt meats, the passengers on the *Mayflower* were delighted to find mussels when they first made landing on Cape Cod. They were abundant and easily gathered.

4 pounds of mussels
2 tablespoons butter
1/2 cup chopped parsley
1/2 cup red wine vinegar
3/4 teaspoon salt
1/4 teaspoon freshly ground black pepper, 2 garlic cloves, minced.

Place mussels in cold water and scrub them clean. "Beard" them by taking off the tuft of fibers projecting from the shell (if there are any—many farm-raised mussels are "beardless"). Discard any mussels that are broken or do not close when touched.

Place 1 cup of water and all ingredients except the mussels into a large pot, cover, and bring to a boil over high heat. Add the mussels and reduce the heat so that the mussels cook at a simmer.

Cook, shaking the pot occasionally, for 10 minutes or until all the mussels have opened fully. Keep an eye on the mussels—if cooked too long, they can be chewy. To serve, pour the mussels and broth into bowls.

Uppaquantup-Wampanoag Fish Head Soup

*4 fish heads (some prefer bass heads)
1 dozen oysters (optional)
water or vegetable broth
1 onion, minced
carrots, sliced thin
To thicken the soup,
add coarse ground corn meal*

If using oysters: Shuck the oysters, saving all the juice. Mix the juice with enough water to make 1-1/2 quarts.

If not using oysters: use 1-1/2 quarts plain water or vegetable broth.

Place the oyster water (optional) or plain water or vegetable broth, fish heads, minced onion and sliced carrots in a large pot. Bring to a boil, cover and simmers for 2 hours. The heads can be removed at this point or left in the soup. If using oysters, increase heat,

bringing the soup to a light boil and add the oysters, simmer for 5 minutes. Whether using oysters or not, add the corn meal and simmer until soup is thickened.

Turkey Sobaheg (Stew)

1/2 pound dry beans (white, red, brown or spotted kidney-shaped beans)

1/2 pound white hominy corn or yellow samp or coarse grits, (available from Gonsalves or Goya at many grocery stores)

1 pound turkey meat (legs or breast, with bone and skin)

3 quarts cold water

1/4 pound green beans, trimmed and cut into 1 inch-lengths

1/2 pound winter squash, trimmed and cubed

1/2 cup raw sunflower seed

meats, pounded to a course flour (or pounded walnuts)

Dried onion and/or garlic to taste

Clam juice or salt to taste

(optional)

Combine dried beans, corn, turkey, seasonings, and water in a large pot. Bring to a simmer over medium heat, turn down to a very low simmer, and cook for about 2 1/2 hours. Stir occasionally to be certain bottom is not sticking.

When dried beans are tender, but not mushy, break up turkey meat, removing skin and bones. Add green beans and squash, and simmer very gently until they are tender.

Add sunflower or nut flour, stirring until thoroughly blended.



Texas Mayflower Society Scholarships

Texas Mayflower Scholarship Amounts 2021-22

First Place: \$5,000

Second Place: \$2022

Third Place: \$1620

Criteria For Texas Mayflower Scholarships 2021-22

To be eligible to apply for a Mayflower scholarship, the following criteria must be met:

All Mayflower scholarships shall be awarded for use in an academic degree-granting program in a college or university accredited by a nationally or regionally recognized accrediting agency and for comparable academic institutions outside the United States.

To be considered for a Texas Mayflower scholarship, all applicants must submit the following documents:

- Transcripts from the applicant's current or most recently attended high school.
- Transcripts that have been downloaded or printed and scanned directly from the applicant's high school, (screenshots are acceptable).
- Application form
- One page resume.
- Tell us how you are special and deserve this opportunity
- Character reference form (may have an optional letter as well) written by someone that is not in your family
- Academic form and reference letter written by someone that is not a family member like a teacher, principal, or guidance counsellor.
- Short Essay

Application Guidelines for Academic Scholarships

The deadline for receipt of applications with all supporting materials for each scholarship is March 1st. The packet must be at the address below on or before March 1st to be considered and all documents must be in the packet. The address is: Cathy Bambenek

Texas Scholarship Chairman
2505 Heather Hill Lane
Plano, Texas 75075

Only complete applications with all required supporting materials that are received by March 1st will be considered by the Scholarship Application Evaluation Committee. Here is your checklist:

- Transcript
- Essay
- Resume
- Application
- Character Reference Form and optional letter
- Academic Reference Form/mandatory letter of recommendation

If applying for a colony scholarship, please click on the appropriate link....like DFW, Houston, etc.

<https://www.texasmayflower.com/find-a-colony>

Dallas-Fort Worth Tree Dedication

Dallas Arboretum and Botanical Garden

By Cathy Bambenek

On October 23rd, the DFW colony held a picnic and march to dedicate the tree that was planted for the 400th Anniversary of the Mayflower. We were granted free admittance and parking at the Dallas Arboretum for the event. We marched from our picnic area to the tree where the dedication was held. Speakers included John McWilliams, DFW Governor, who had written an original poem as well as Prairie Counce, Texas Governor, who read an essay and poem by her grandchildren that were at a funeral. In addition, an essay was read by Cathy Bambenek, who represented her granddaughter, also at a funeral, and Vincent Micheli, a DFW junior. Special Thanks to the Texas 2020 Committee for granting us money for the tree.



Bur Oak (*Quercus macrocarpa*) is very drought resistant and has the largest acorns of all native oaks, an important source of food to wildlife. The wood is marketed as white oak and is commercially valuable.

Texas Mayflower Juniors

<https://www.texasmayflower.com/junior-membership>

It has best been said that Mayflower Juniors are the youngest descendants and although many may be young, but they have remarkable talents and abilities to contribute to our societies.

We are proud to introduce our most recent Texas Mayflower Junior, Vincent, a Dallas-Fort Worth Junior whose sponsor-grandmother shared how her 16-year-old grandson enthusiastically researched for her GSMD membership! Contacting Vincent was impressive. He quickly embraced the invitation to become part of the DFW Colony Juniors by attending his first activity, the tree dedication at the Arboretum, although it was the next day. Vincent also agreed to write about his ancestry:



Vincent at the DFW tree dedication, his first Junior activity

Past Affecting Present

My name is Vincent, a Junior in high school. I had always been told that someone long ago arrived on the Mayflower with generations leading to me today. I had not been involved with genealogy until I had to do some basic pedigrees as well as a grandparent project in eighth grade; once the pandemic began, I decided to try out ancestry.com. The digital interface was able to lay everything out visually both in the tree and documents. I enjoyed going back to find my Mayflower ancestor—who turned out to be Richard Warren. It all seemed more personal when I was able to see a line going back through myself, my grandmother, two revolutionary war veterans, and finally to Richard Warren. Livy says that “the study of history is the best medicine for a sick mind,” and I think that’s exactly what I was able to find. My grandmother had done all her genealogical research connecting to Richard Warren when it was much more difficult to do so, and that gave me something to talk about with her. I am glad to have finally connected to what I have been told and to gain access to the Mayflower Society.



Eagle Scout is among Vincent's accomplishments

The Texas Juniors Committee *loves* to welcome new Juniors and we hope that the young descendants in your family will become part of this grand group of future GSMD members! Visit the link above for complete Texas Mayflower Junior application information and a fillable application. Your chosen colony will also welcome your Junior, as you share your ancestry legacy.

Texas Mayflower Juniors - continued

<https://themayflowersociety.org/?s=+juniors+committee>

From the GSMD Juniors Committee Chair



Harper

A study found that that young people benefit from learning about their history. Knowing where they came from provides a perspective of their unique ancestral past and an insight into who they may become.

The new GSMD website is very attractive, easy to navigate and has invaluable information. The Juniors Committee link is intended to be used by all GSMD members, with activities galore, historical stories and resources.



Beckett and Holden

Currently there is no tab which links to the Juniors Committee, but it is easy to find with furnished link for your browser search. Once there, you will access the many pages to share with your family and friends. If needed, here is an alternative path to the GSMD Juniors Committee link:

Log on to the GSMD website, with your username and password

Click the words, "Members Only"

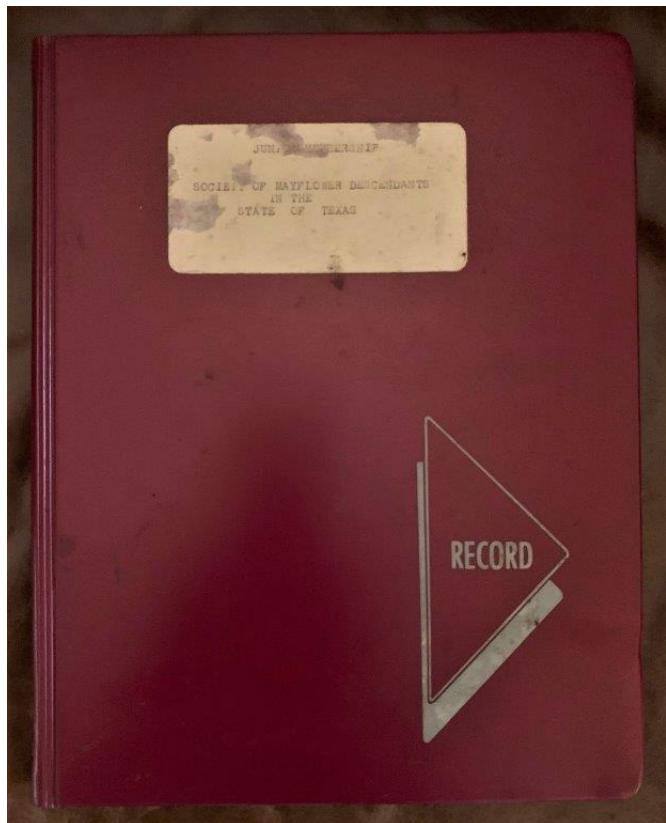
Type the words, Juniors Committee in the Search window and press enter

A sample of the resources on the link is this list of [recommended books for Thanksgiving](#) to share with your young family members this Thanksgiving. Peruse the many other activities for your families and colonies.

It would be great to have your suggestions or questions. Please contact the GSMD Juniors Committee Chair: peggysmarsh@comcast.net.



Leiden continues to celebrate the passengers of the *Mayflower* by holding non-denominational church services on the fourth Thursday of November, with children participants. It usually draws a crowd of American expat families and features speeches by various civic leaders. DutchNews.nl

*Texas Mayflower Juniors - continued***First Texas Mayflower Juniors Ledger**

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No	Name	Birthday	Approved	Termination
- Tj-1	Alice Lee Blatz	7 June 1945	Jan 1959 Dropped 1970	1970
- Tj-2	Arthur Amos Knight Berrett Jr.	25 Sept 1945	25 Sept 1970 TS 314	
- Tj-3	Arthur Louise Boyce	10 Feb 1943	TS 12 Mar 1957 TS 1566 TS 365	
- Tj-4	Henry Wickline Boren		Jan 1959	
- Tj-5	Robert Anderson Bridges Jr.	15 March 1955	Dropped 1980	1980
- Tj-6	Dorothy Cleo Chandler (Mrs Roger McDonald)	26 Oct 1957	Dropped 17-6-65	1973
- Tj-7	Eugene Swearingen Clegg III	1 Jan 1948	Approved	
- Tj-8	Frederick Charles Clegg	14 Nov 1944	Dropped Oct 1967	1967
- Tj-9	Elton Clark Clegg	2 Nov 1949	Reg Member 16 Apr 1975	1974
- Tj-10	Pauline Washington Clegg	29 Nov 1943	Reg member 3-24-69	1968
- Tj-11	Zelma Vance Clegg	28 Aug 1946	Reg member 18 May 1971	1971
- Tj-12	Andrew Lee Grobe	16 Jan 1950	See to be	1975
- Tj-13	James Daupark Hall	9 May 1941	Dropped Aug 1966	1966
- Tj-14	Robert Coolidge Hall	17 Oct 1946	Dropped 1971	1971
- Tj-15	Thomas Allison Hall	28 June 1943	Dropped 1969	1968
- Tj-16	Victor Crestace Hatch	4 Oct 1955	Dropped 1983	1980
- Tj-17	James Kavanaugh	29 July 1947	Dropped 1972	1972
- Tj-18	Janet Kavanaugh	29 July 1947	Dropped 1972	1972
- Tj-19	Mark Kavanaugh	12 Oct 1945	Dropped 1970	1970
- Tj-20	Paula Frances Kelley	28 June 1954	Dropped 1979	1979
- Tj-21	Sandra Elin Kellam	26 Sept 1943	Senior member See 1968	1968
- Tj-22	Warren Henry Mathews Jr.	19 Aug 1936	Senior member Mar 1963	1961
- Tj-23	Charles Douglas McCle	11 Oct 1943	Dropped 1968	1968
- Tj-24	Jane Anderson McCurdy	29 Nov 1946	Dropped 1971	1971
- Tj-25	Jean Allen McCurdy	15 Nov 1943	See member 17 Mar 1969	1969
- Tj-26	Marion Wallace McCurdy Jr.	63 38 351 15907	Dropped 1974	1973
- Tj-27	Mary Anne McCurdy	11 Apr 1937	Dropped 1962	1962
- Tj-28	Ruby Anita McCurdy	8 Oct 1938	Dropped Oct 1963	1963

A treasure was uncovered by former Texas Mayflower Society Governor, Mike Nichols, who thoughtfully mailed the ledger to the Texas Juniors Chair, Peggy Marsh. Here are a few firsts:

The first member - Alice Lee Blatz, born in 1945

The first set of twins - James and Janet Kavanaugh, born in 1947

The first young man whose last name is followed with, "Jr." - Robert Bridges, Jr., born in 1955

The first Junior to reach number 100 - David Allen Bridges, born in 1959



Good News from Plymouth



General Society of Mayflower Descendants has revealed this beautiful logo and a new name. Although Mayflower Society, has been informally used for many years, the name is now trademarked.

GSMD Website

The newly updated and user-friendly website is replete with photos to help you navigate your way to more information than ever before. Thank you to the Technical Committee, led by Christine Schlosser, for the visually appealing website: www.themayflowersociety.org. Central Texas Colony member and past Texas Mayflower Society Governor, Mike Nichols, serves on the committee.

Executive Director Announced

Congratulations to Mark Schmidt, newly appointed GSMD Executive Director, who fills the vacancy of Susan Belekewicz. Mark has distinct goals in mind for the Mayflower Society: furthering the Mayflower story through lectures and programs for adults and children and improving tourism visitation at the Mayflower Meetinghouse and the Mayflower Society House. Karen Rinaldo and Kevin Doyle introduced Mark during the October 24 virtual lecture and the lecture may be viewed by clicking the link available on page 4.

Texas Mayflower Society Mainstay Elected GSMD Treasurer General



Texas Mayflower Society and Houston Colony are very proud to congratulate the newly elected GSMD Treasurer General, Bart Henson, who received a unanimous vote at the GBOA in September. The Treasurer General collects and takes charge of all funds belonging to the General Society, keeps suitable books of account, and reports the conditions of the treasury at all meetings of the GBOA.

Silver Books

The Silver Book Project - Fourteen books are being revised: Soule Vol. 3, Edward Fuller, Stephen Hopkins, Brown, Francis Eaton, William White, James Chilton, Alden Part 7, Rogers Part 3, William Bradford, John Howland's children Issac and Ruth. Additionally, there is a new Index, Volume 1, to all the books. Visit the GSMD website Silver Book Project or contact Bonnie Wade Mucia, Director of the Silver Books Project.

General Board of Advisors Meeting

The next GBOA meeting will be held from September 5 through September 12, 2022, in Minnesota.

Heritage Week 2022

As part of Heritage Week in Washington, D.C., The Mayflower Society is hosting a special Mayflower Breakfast. Join your *Mayflower* cousins on April 13, 2022, at the Army Navy Club for a hearty breakfast with a keynote speaker.

Good Newes from Plymouth - continued

Plimoth Patuxet

December 2 - save this date for a free lecture by Plimoth Patuxet Museums' Deputy Executive Director and Chief Historian, Richard Pickering. He has chronicled the Pilgrims' first year in Plymouth Colony in a series of Lunch & Learn lectures. On December 2, he will describe the winter of 1621 and the arrival of the ship, *Fortune*. Viewing virtually is available cost-free by a grant from the Bridge Street Fund.

Thursday, December 2

11:00 am - 12:00 pm - Central Time

[Register here](#) or enter the address below in your browser:

<https://www.eventbrite.com/e/lunch-learn-400-years-ago-a-look-back-at-winter-1621-tickets-159658495859>

Plymouth Antiquarian Society

Interesting video lectures, including the Pilgrim Breakfast, are available on the list of videos, available for viewing at: <https://plymouthantiquarian.org/virtual/>

The 102nd Annual Meeting of the Plymouth Antiquarian Society will be via Zoom. After the meeting, English researcher **Sue Allan** will present the topic of 17th Century Women and this event is free and open to the public. Registration is required by Friday, November 12th – to register for the Zoom webinar, click [here](#).

Saturday, November 13, 2021

12:00 pm - 1:30 pm - Central Time

Visit the [Plymouth Antiquarian Society's Facebook page](#) or [Pilgrim Hall Museum's Facebook page](#) for the free livestream at 12:00 p.m. (Central) on Saturday, December 4th, *First Visitors to Plymouth & the Creation of a Tourist Town*. You do not need to have a Facebook account to access the program. The recording will be shared on their website for on-demand viewing after the event.

Saturday, December 4, 2021

12:00 pm - 1:00 pm - Central Time

For a full list of upcoming tours and recordings from previous months, click [here](#).

America's Hometown Thanksgiving Celebration

Saturday, November 20

9:00 am Central

This is one of America's only historically accurate chronological parades, representing each century from the 17th through the 21st centuries, showing the preservation of America's history through the years, beginning with the Pilgrims. This parade is ranked as the #1 Thanksgiving parade in the nation! Television station WCVB will air the parade live and may be viewed on the WCVB app:

<https://www.wcvb.com/article/download-the-wcvb-app-today/33328180>

The Mayflower Society House will be featured in the Plymouth America's Hometown Thanksgiving Parade.

<https://usathanksgiving.com/>

Remember when ...

New Texas Mayflower Society Members

<https://www.texasmayflower.com/find-a-colony>

Shirley Ann Lambert Glotzbach
Fowler, IN
Ancestor: Richard Warren

Dian Summer Kennedy
Providence Village, TX
Ancestor: William White

Patricia Kay Harken Cunyus
Kilgore, TX
Ancestor: Edward Fuller

Rachel Eleanor Hall
Dallas, TX
Ancestor: Isaac Allerton

Cindy Wallace Silva
Boerne, TX
Ancestor: William Bradford

Dwayne Lee Weger
Saint Jo, TX
Ancestor: Francis Cooke

John Brian Weger
Saint Jo, TX
Ancestor: Francis Cooke

Johnny Orvill Weger
Saint Jo, TX
Ancestor: Francis Cooke

Thomas Orvel Fyle Weger
Saint Jo, TX
Ancestor: Francis Cooke

Olivia Arden Jennings Adendorff
Dallas, TX
Ancestor: George Soule

Susan Jane Fairchild Barry
Houston, TX
Ancestor: John Howland

Cooper Scott Fitzgibbon
Plano, TX
Ancestor: Myles Standish

Laura Rayne Cooper Fitzgibbon
Plano, TX
Ancestor: Myles Standish

Sydney Christine Fitzgibbon
Plano, TX
Ancestor: Myles Standish

Susan Jean Stedman Jennings
Dallas, TX
Ancestor: George Soule

Thomas Michael Osborne, Jr.
Houston, TX
Ancestor: Stephen Hopkins

Pamela Sue Woods Meyercord
Dallas, TX
Ancestor: William White

Patricia Anne Rogers
Elgin, TX
Ancestor: John Billington

Joyce Helen Campbell Campbell
Austin, TX
Ancestor: William Brewster

Taylor Debardeleben
Texarkana, TX
Ancestor: Edward Fuller

New Texas Mayflower Society Members - continued

Suzanne Kitty-Sue Schlink Quinn
Fredericksburg, TX
Ancestor: James Chilton

Kristina Elysia Horn Jones
Abilene, TX
Ancestor: Edward Doty

Cathy Lynne Tipka Bernstein
New Braunfels, TX
Ancestor: Francis Cooke

Joan Tipka Fisher
Live Oak, TX
Ancestor: Francis Cooke

James Michael Smith
Plano, TX
Ancestor: Thomas Rogers

Supplements

Julie Bishop Brown
Ancestor: Mary Allerton

Transfers

Terry John Block
San Antonio, TX
From: South Carolina
Ancestor Samuel Fuller

New Juniors

Vincent John Micheli
Sponsor: Shirley Glotzbach
Ancestor: Richard Warren

New Life Members

David Oliver Counce
Elizabeth Germaine Counce Danford
David Eastburn
Sarah Eastburn
Patricia Aragon
Kirk Eugene Adams

In Memoriam

Ann Doerr
15 March 2021

Edward Waggoner
12 July 12 2021

Robert Anderson
17 March 2021

Max Mahaffey
29 Aug 29 2021



It is not too early to think about Christmas presents or a very special birthday present. **Life Memberships** are available for \$1,500 per member. This means your special someone—a child, grandchild, or yourself! — would not have to pay anymore dues for the rest of life. To take advantage of this offer, send a check for \$1,500 made payable to TXSOMD and mail to Linda Hill, Treasurer, 2405 Treyburn Ct., Plano, TX 75075-2552. Please include the member's name and TX number (if you know it). You will receive a lovely certificate for presentation. For any questions about Life Membership, please contact Corresponding Secretary, Nancy Powers, newn@aol.com

**The Society of Mayflower Descendants
In the State of Texas**

Peggy Marsh, Editor
1535 Locke Lane
Sugar Land, TX 77478-3917

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*Happy
Thanksgiving*



Remembering the 400th Anniversary of the First Feast of Thanksgiving
See page 6

Visit our society website: texasmayflower.com